

Casteel Athletic Academy Classes

Academy classes are intended for athletes who participate in Casteel athletic programs. Once enrolled in an academy class, the head coach of the program will have final say on the level of academy placement.

- Academy classes will be offered to all athletes that participate or intend to participate on a specific athletic team.
- Academies are used for sport specific training: conditioning, strength training, and film breakdown, as well as technique and skill development.
- Academy students are identified by each athletic program's head coach.
- 8th/9th graders will need the head coach's signature/approval to be added to a 8th or 9th grade academy.

ELECTIVE #1 <i>Wonderful Coach</i>	1st SEMESTER PED 300A Football Academy
	2nd SEMESTER PED 300B Football Academy

- New students, regardless of grade, will need approval by the head coach to be added to an academy class.
- Athletes who participate in multiple sports can designate a 1st semester academy and a 2nd semester academy.
- Seniors enrolled in Football Academy will be removed at semester.

Students who are interested in a sport-specific PE class but do not intend to participate in Casteel athletic programs are encouraged to enroll in a recreational course.